



PROFESSIONAL  
DEVELOPMENT  
TRAINING

# Delivering Constructive Criticism Training



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1.0 DAY COURSE

Constructive criticism aims to help or improve specific behaviors, but the outcome depends largely on how that feedback is relayed and received. This Delivering Constructive Criticism Training course teaches you how to prepare and deliver constructive criticism that will motivate the recipient to cooperate and work to achieve the desired improvement.

The Delivering Constructive Criticism Training course teaches you: how to determine the right place, time and occasion for giving criticism, planning and preparing the constructive criticism, how to control emotions and outbursts, body language and its effect on the delivery of constructive criticism, how to measure results and much more.

This comprehensive and valuable training course is now available across the U.S., including Atlanta, Austin, Baltimore, Birmingham, Boston, Charlotte, Chicago, Dallas, Houston, Jackson, Los Angeles, Manhattan, Miami, New York, Orlando, Philadelphia, San Antonio and Seattle.

## What You'll Gain:

Constructive Criticism must be provided correctly to maximize its impact and benefits. During this training course in delivering constructive criticism, participants receive training in choosing the right place, time and occasion for giving criticism; setting goals; preparing and planning a healthy criticism; and understanding the role of emotions and reactions in delivering constructive criticism.

Effective criticism helps in the management of human resources. It reduces/eliminates problematic behaviors and conflicts that negatively impact an organization. When an employee commits an action that requires feedback or criticism, it needs to be handled skillfully.

## Outcomes

After completing this course, participants will have learned to:

- Determine the right place to give feedback
- Consider informal feedback



- Gather facts on the issue
- Create an action plan
- Practice tone
- Control and create an impact
- Criticize in private, praise in public
- Create a safe environment for providing criticism
- Monitor body language
- Develop understanding and active listening
- Be collaborative
- Set goals
- Check emotions and outbursts
- Diffuse negative emotions, including anger
- Understand what not to do
- Measure results

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## Modules

### Lesson 1: Getting Started

- Housekeeping Items
- Pre-Assignment Review
- Workshop Objectives
- The Parking Lot
- Action Plan

### Lesson 3: When Should Feedback Occur?

- Repeated Events or Behavior
- Breaches in Company Policy
- When Informal Feedback Has Not Worked
- Immediately After the Occurrence
- Case Study

### Lesson 5: Preparing and Planning

- Gather Facts on the Issue
- Practice Your Tone
- Create an Action Plan
- Keep Written Records
- Case Study

### Lesson 2: Setting Goals

- SMART Goals
- The Three P's
- Ask for Their Input
- Be as Specific as Possible
- Case Study

### Lesson 4: Diffusing Anger or Negative Emotions

- Choose the Correct Words
- Stay on Topic
- Empathize
- Try to Avoid 'You Messages'
- Case Study

### Lesson 6: What Not to Do

- Attacking or Blaming
- Not Giving Them a Chance to Speak
- Talking Down
- Becoming Emotional
- Case Study



### Lesson 7: Choosing a Time and Place

- Check the Ego at the Door
- Criticize in Private, Praise in Public
- It Has to Be Face to Face
- Create a Safe Atmosphere
- Case Study

### Lesson 8: After the Session (I)

- Set a Follow-Up Meeting
- Make Yourself Available
- Be Very Specific with the Instructions
- Provide Support and Resources
- Case Study

### Lesson 9: During the Session (I)

- The Feedback Sandwich
- Monitor Body Language
- Check for Understanding
- Practice Active Listening
- Case Study

### Lesson 10: After the Session (II)

- Focus on the Future
- Measuring Results
- Was the Action Plan Followed?
- If Improvement is Not Seen, Then What?
- Case Study

### Lesson 11: During the Session (II)

- Set Goals
- Be Collaborative
- Ask for a Self-Assessment
- Always Keep Emotions in Check
- Case Study

### Lesson 12: Wrapping Up

- Words from the Wise
- Parking Lot
- Lessons Learned
- Completion of Action Plans and Evaluations

Talk to our expert team

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