



PROFESSIONAL
DEVELOPMENT
TRAINING

Leadership Development Training



The PD Training (PDT) Leadership Development Training course is a practical course that provides participants with an impactful learning journey that develops insight and skills to develop as a leader, and teaches functional management skills that are core competencies needed by people in leadership roles.

The PDT Leadership Development Program utilises a system of activities that has been scientifically proven to provide leaders with improved levels of agility, resilience and improved communication skills. [Click here](#) to learn more about how this program can be implemented in your organisation and view a cost comparison.

In this dynamic, 2-day professional development program, you'll learn how to become an effective leader who is self-aware, builds trust, and can inspire a high performing team. You'll also learn management skills such as problem solving, decision making, giving feedback and performance management. During this Leadership Development course you will complete the REACH Personality Profiling tool, which will provide you with insight into your preferred communication style and how best to communicate with others. This newly found awareness will empower you with the ability to connect better with others and can provide you with an improved level of interpersonal communication and leadership skills.

Complete a Sample Profiling Survey and [View a Sample Report Below:](#)
To Have Your Leaders Start the 12-Minute Survey [click here](#)

If You Would Like to View an Example of the Report [click here](#)

This comprehensive and valuable training course is now available across the United States, including Atlanta, Austin, Baltimore, Birmingham, Boston, Charlotte, Chicago, Dallas, Houston, Jackson, Los Angeles, Manhattan, Miami, New York, Orlando, Philadelphia, San Antonio and Seattle.

Click the “Group Training Quote” button for a free quote for your internal team training or click the “Register Now” button to view the current public schedule. Looking for a 3-hour Live Online version of the course? [Click Here to View Our 3-Hour Virtual Leadership Development Training Courses](#)



What You'll Gain:

This exciting leadership development program has been designed to have an immediate impact on individuals and organizations as it merges best practice theory and your work-related experience to create a broad skill set. It is practical, contemporary and focuses on both personal and professional development.

Being an effective leader requires a range of skills including self-awareness, communication, empathy, vision, delegation, critical thinking, creative problem solving, motivation techniques and instilling inspiration in others. Learn best practice leadership skills you can implement immediately.

Outcomes

Leadership Training - Day 1

- Understand the role of a leader, their traits, how are they different to a manager
- Look beyond the common leadership stereotypes
- Learn how your personality traits interact with your leadership styles
- Understand what Leading with Emotional Intelligence (EI) is and choosing the best approach
- Understand and Apply Situational Leadership
- Understand and apply the 5 practices of exemplary leadership
- Increase the performance of your team through developing team spirit

Leadership Training - Day 2

- Get the most out of your team by understanding the generational differences
- Influence with passion and empower others to act by using rapport building techniques
- Use creative problem-solving & decision-making methods
- Improve your coaching and mentoring skills
- Give feedback to inspire greater performance with engagement and buy-in
- Identify and apply strategies to manage underperforming members of the team



Modules

Lesson 1: Getting Started

- Expectations
- Defining Leadership and Influence
- Activity: Did It Work?
- Leading and Managing
- Activity: Do you Manage or Lead?
- Activity: Characteristics of a Leader
- Activity: Developing Leadership Qualities
- Reflection

Lesson 3: Leading with Emotional Intelligence

- Activity: Do I Lead with Emotional Intelligence?
- Relationship Management and Influence
- Activity: Influencing Positively
- Activity: Creating a Climate for Emotional Honesty

Lesson 5: Trust

- Activity: Does Trust Matter?
- Building Trust - the Four Cs
- Trust in My Team
- Activity: Taking a Trust Pulse
- Elements of Trust

Lesson 7: Influencing Skills

- The Art of Persuasion
- Activity: Ethos, Pathos & Logos in Ads
- The Principles of Influence
- Activity: Applying Cialdini's Principles of Influence
- Influence by Rapport
- Activity: Identifying Rapport Experiences
- Bridging the Gap
- When to Mirror?
- Watching and Listening
- Pacing and Leading

Lesson 2: Your Personality Style and Leadership

- REACH Profile Review
- Personal Style Markers
- Activity: Achieving Dimensions
- Activity: Relating Dimensions
- Activity: Profile Interactions

Lesson 4: Leadership Flexibility

- Situational Leadership
- Activity: Leadership Styles Displayed
- Activity: Matching Leadership Style to Development Level

Lesson 6: Encouraging Teamwork

- Lessons from Geese
- The 5 Dysfunctions of a Team
- Activity: Are We Susceptible?
- Activity: Overcoming Dysfunction
- Activity: Developing Team Spirit

Lesson 8: Problem Solving and Decision Making

- Define the Terms
- Activity: REACH and Decision Making
- The Problem Solving Process
- Defining the Problem
- 5 Whys
- Appreciation
- Cause and Effect (Fishbone) Diagrams
- Activity: Fishbone
- Generating Alternatives
- Evaluate & Select a Solution



- Activity: Practising Rapport
- Activity: Applying the Six Thinking Hats
- Implement and Follow Up on Solution
- Activity: Implementing ABC's Solution

Lesson 9: Coaching and Mentoring

- Coaching Vs Mentoring
- The GROW Model
- Benefits of Setting Goals
- Setting SMART Goals
- Activity: Run a Coaching Session

Lesson 10: Feedback

- Four Key Areas
- Activity: Being Focused
- The Feedback Sandwich!
- Try a Feedback Sandwich
- Feedback Framing Tool - SSI
- Activity: Practice Giving Feedback
- Seeking Feedback

Lesson 11: Managing Performance

- Common Performance Issues
- Taking Initial Action
- Accountability Vs Responsibility
- Stop, Look, Listen
- Activity: Causes and Solutions to Weak Accountability

Talk to our expert team

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